

**Zen teacher Dr Ian Prattis, author of the book:  
Failsafe: Saving The Earth From Ourselves.  
[www.failsafebook.com](http://www.failsafebook.com)**

Ian offers talks and retreats all over the world and in Ottawa, Canada, is the resident teacher at Pine Gate Zen community. Failsafe has been described as a book for our times. It is his meditation for the planet and deals with global warming, anticipates the economic meltdown and offers solutions to both.

For more on Ian check out: [www.ianprattis.com/profile.htm](http://www.ianprattis.com/profile.htm)

**Workshop Description:** The way we see the world shapes the way we treat it, and if we no longer perceive the planet as our sacred home..... we will continue to degrade the biosphere. ***From the Foreword by David Suzuki.***

Throughout this workshop, Ian offers individuals a way to a perceptual transformation that is critical if we are to find a truly sustainable future.

Direct, spiritually grounded, pragmatic and with step-by-step guidance, the workshop will begin with meditation, proceed to a talk and will be followed by a period of discussion, then book signing.

**Quote from the book:**

*“I am fully aware of the issues of eco-doom and planetary changes. I am also aware of good people everywhere who honor the earth, their spiritual and physical ancestors and descendants. I begin with my own personal awareness and view meditation as a methodology to go inwards to the Heart. Then put that awareness to good use. I work with scientists, mystics and medicine people to monitor earth changes that are measured by different kinds of knowledge. I bring as many people as I can to a higher level of awareness. I have a calm urgency about things as I combine these components of awareness within myself. This is my meditation for Gaia, my purpose for being here on the planet. I remain confident and optimistic about making the world a better place environmentally but I need your help. So take the steps to tame your wild mind. Be bold and confident. Take care of the environment you inhabit and the environment you create. Begin it now.”*

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