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Re: The Essential Spiral: Ecology and Consciousness After 9/11

Dear Friends,

The Essential Spiral is now available from University Press of America. You can order online through www.univpress.com, go to Order Information, or call the toll-free customer service number 1-800-462-6420, or fax 1-800-338-4550. For orders of 100 copies or more, there is a special discount of 30% off the retail price. Contact Judy Rothman, UPA Director, 301 459 3366 or email to: jrothman@rowman.com before placing such an order with Customer Service.

50% of the royalties from this book are assigned to support work for peace and the planet.

It is a text for my Ecology and Culture television course at Carleton University, as a way of encouraging young people to actively engage with their environment and society. Perhaps you could support this endeavor by bringing it to the attention of friends, bookstores, and libraries. The abstract for the opening chapter provides a taste for this work.

CHAPTER ONE: VIOLENCE, LEADERSHIP AND ETHICS IN THE 21ST CENTURY

The terrorist attacks on September 11, 2001 changed the world. Terror seizes the mind, our deepest fears amplify it. Wise teachings about the mind bring spiritual warriors to the fore in order to champion peace, environmental care and non-violent reconciliation. The lucidity of the peacemakers must draw on this. The Buddha guides us: Hatred can never put an end to Hatred; Only Love can put an end to Hatred. Specific practices are introduced to take care of our fear. The many levels of violence are identified, including the terrorist within. Insight and understanding must be cultivated to avert the war footing that pits fundamentalist Islam and Western hegemony on a collision course. Models of reality drawn from cold war mentalities of the 20th century, and from the 14th century dissension within Islam, are outmoded. New leadership, ethics grounded in spiritual practice, and methods to heal and re-train the mind are outlined. We rise above terrorism, freeing our mind from its grasp by being a spiritual warrior, walking mindfully for peace, healing the planet and instituting non-violent means to resolve conflict. This is the Consciousness Revolution for the 21st century.

Thank you,

Ian Prattis